

## Curriculum Vita

**First name:** Mojtaba

**Family name:** Delaramnasab

**Date of birth:** Thursday, July 23, 1987

**Place of birth:** Zabol, Sistan Va Baluchestan Province, Iran

**Marital status:** married

**Workplace Address:** School of Allied Medical Sciences, Zabol University of Medical Sciences, Zabol, Iran

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### Education

#### Bachelor's degree:

**Major:** Nursing

**Field:** Nursing

**Graduated:** Zabol University of Medical Sciences, Zabol, Iran

#### Master's Degree:

**Major:** Nursing Education

**Field:** Medical - surgical

**Graduated:** Ahvaz Jundishapur University of Medical Sciences, Ahvaz, Iran.

**Thesis title:** The Survey of health promotion behavior level based on pattern of Pender's Health Promotion Model and its relationship with some demographic factors and clinical parameters on type 2 diabetics referred to a specialized clinic of Ahvaz Jundishapur University of medical sciences in year 2013.

#### Doctor of Philosophy (PhD) Degree:

**Major:**

**Field:**

**Graduated:**

**Thesis title:**

### Scholarships and Honors

### Professional Positions

#### Professional Activities (last 10 years)

Vice-Chancellor for Research of school of allied medical sciences since 2016 from now

### Advisory Boards

### Editorial Boards

**Grant Panels**

**Meeting Organizer**

**Professional Offices**

**Current Grant Support**

**Previous Grant Support**

**Teaching Experience at Dartmouth**

Since 2014 from now

**Brief description of courses taught:**

CPR Workshop at Imam Khomeini Hospital

**Teaching other than at Dartmouth**

**Postdoctoral Research Associates Trained and their current positions**

**Undergraduate Students trained**

**Membership on Graduate Advisory Committees (Dartmouth unless noted)**

**College Committees (last 15 years; member unless noted)**

Anesthesiology Committee

Education and health Centers Accreditation Committee

**Professional Societies**

**Invited Lectures (last 10 years)**

## Patents

## Publications

1. The Effect of Interval Training and Nettle Supplement on Glycemic Control and Blood Pressure in Men with Type 2 Diabetes. *International Journal of Basic Science in Medicine*. Volume 2, Issue 1, 2017.
2. Cardiometabolic Effects of *Urtica Dioica* in Type II Diabetes. *Journal of Diabetes Nursing*, 2017; 5 (1).
3. The Effect of Acute Training and Circadian Rhythm on Blood Hemostasis in Female Athletes. *Int J Basic Sci Med*. 2016; 1(1):8-12.
4. The effect of resistance training on cardio-metabolic factors in men with type 2 diabetes. *Quarterly Journal of Caspian Health and Aging*; 1 (1); winter 2016.
5. Effects of continuous aerobic exercise and circuit resistance training on fasting blood glucose control and plasma lipid profile in male patients with type II diabetes mellitus, *Journal of Diabetes Nursing*, 2015; 4 (1).
6. The Effect of Resistance Training on Cardio-Metabolic Factors in Males with Type 2 Diabetes. *Jundishapur J Chronic Dis Care*. 2014 October; 3(4).
7. Effects of Aerobic Training on Cardiorespiratory Factors in Men with Type 2 Diabetes. *Journal of Diabetes Nursing*, 2014; 2 (2).