

Curriculum Vita

First name: Mojtaba

Family name: Delaramnasab

Date of birth: Thursday, July 23, 1987

Place of birth: Zabol, Sistan Va Baluchestan Province, Iran

Marital status: married

Workplace Address: School of Allied Medical Sciences, Zabol University of Medical Sciences, Zabol, Iran

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Education

Bachelor's degree:

Major: Nursing

Field: Nursing

Graduated: Zabol University of Medical Sciences, Zabol, Iran

Master's Degree:

Major: Nursing Education

Field: Medical - surgical

Graduated: Ahvaz Jundishapur University of Medical Sciences, Ahvaz, Iran.

Thesis title: The Survey of health promotion behavior level based on pattern of Pender's Health Promotion Model and its relationship with some demographic factors and clinical parameters on type 2 diabetics referred to a specialized clinic of Ahvaz Jundishapur University of medical sciences in year 2013.

Doctor of Philosophy (PhD) Degree:

Major:

Field:

Graduated:

Thesis title:

Scholarships and Honors

Professional Positions

Professional Activities (last 10 years)

Vice-Chancellor for Research of school of allied medical sciences since 2016 from now

Advisory Boards

Editorial Boards

Grant Panels

Meeting Organizer

Professional Offices

Current Grant Support

Previous Grant Support

Teaching Experience at Dartmouth

Since 2014 from now

Brief description of courses taught:

CPR Workshop at Imam Khomeini Hospital

Teaching other than at Dartmouth

Postdoctoral Research Associates Trained and their current positions

Undergraduate Students trained

Membership on Graduate Advisory Committees (Dartmouth unless noted)

College Committees (last 15 years; member unless noted)

Anesthesiology Committee

Education and health Centers Accreditation Committee

Professional Societies

Invited Lectures (last 10 years)

Patents

Publications

1. The Effect of Interval Training and Nettle Supplement on Glycemic Control and Blood Pressure in Men with Type 2 Diabetes. *International Journal of Basic Science in Medicine*. Volume 2, Issue 1, 2017.
2. Cardiometabolic Effects of *Urtica Dioica* in Type II Diabetes. *Journal of Diabetes Nursing*, 2017; 5 (1).
3. The Effect of Acute Training and Circadian Rhythm on Blood Hemostasis in Female Athletes. *Int J Basic Sci Med*. 2016; 1(1):8-12.
4. The effect of resistance training on cardio-metabolic factors in men with type 2 diabetes. *Quarterly Journal of Caspian Health and Aging*; 1 (1); winter 2016.
5. Effects of continuous aerobic exercise and circuit resistance training on fasting blood glucose control and plasma lipid profile in male patients with type II diabetes mellitus, *Journal of Diabetes Nursing*, 2015; 4 (1).
6. The Effect of Resistance Training on Cardio-Metabolic Factors in Males with Type 2 Diabetes. *Jundishapur J Chronic Dis Care*. 2014 October; 3(4).
7. Effects of Aerobic Training on Cardiorespiratory Factors in Men with Type 2 Diabetes. *Journal of Diabetes Nursing*, 2014; 2 (2).